

**YOU HAVE NOTHING
TO LOSE BUT
YOUR PAIN**

General Ordering Information

1. Circumference + 1/2" for bracelets and anklets.
2. Bracelets (Single, Double, Triple), Anklets (Single, Double), Necklaces (Single)
3. We ship for \$2.00/article. We guarantee a correct fit. If it does not fit correctly simply return the jewellery and we will ensure that you receive one that fits properly.
4. See our complete product line at www.classichandcraftedjewellery.com

Magnetic therapy jewellery is made from a naturally occurring magnetic stone called magnetite and a very strong rare earth permanent magnetic clasp. Wear it for its natural beauty as well as its therapeutic benefits.

The clasps on all our jewellery are very strong. To increase the strength of our double and triple clasps, we suggest that you put a small steel plate (washer, dime or the stainless steel discs that are provided with your bracelet) on each side of the clasp. It will protect the clasp from wear and it will reduce the tendency of the clasp to stick to steel objects (cutlery, dryers, nails, etc.)

Magnetic Therapy Jewellery

Beautiful Distinctive Jewellery
and
Natural Pain Relief

True North Magnetics
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GUARANTEE

If you have worn your jewellery for at least 60 days and find no relief, you may return your piece(s) of jewellery and we will gladly refund your money, (less \$5.00 per article to cover administration costs).

If you are unable to wear the jewellery because of an allergic reaction, you may return the article for a refund. (See above)

If you experience problems with the manufacture of the jewellery (broken stones, or broken monofilament line) within 1 year of purchase, please contact us and we will repair / replace it at no minimal cost.

Single Clasp Replacement \$ 5.00
Double Clasp Replacement \$ 6.00
Triple Clasp Replacement \$ 7.00

Date Purchased

Price

Initial

**MAGNETIC
THERAPY
JEWELLERY**

What can it do for me?

...relieve symptoms of:

Arthritis

Back Pain

Fibromyalgia

Carpal Tunnel

Chronic Fatigue

Poor Circulation

Rheumatism

Insomnia

Migraines

Benefits of Magnetism

Magnets have been used to aid healing and reduce pain for thousands of years dating back to the ancient Chinese and early Egyptian civilizations. Recently, research in the use of magnets has led to their expanded use in the treatment of sprains, broken bones, burns, cuts, sports injuries as well as diseases such as arthritis, rheumatism, fibromyalgia, etc. Research has shown that magnetism allows the body to heal faster and with less scar tissue, often reducing healing times to less than half.

How Magnetic Therapy Affects The Body

Pain is a very complex process and the exact mechanisms by which pain is reduced or eliminated are not yet fully understood.

While the exact mechanism(s) are not known, magnetism is becoming a widely used holistic therapy especially for pain reduction.

How do magnetism work to reduce pain and aid in healing?

There are a number of theories that try to explain why magnetism is so effective. These include magnetism:

- 1) stimulating the release of endorphins (body's natural pain killers)
- 2) changing the pH (acid- alkaline) level of various body fluids
- 3) changing the migration of calcium ions which aids in the healing of broken bones and the reduction of arthritis pain.
- 4) increasing the movement of iron in the blood which increases circulation and energy levels and stimulates the body to heal itself.
- 5) The most recent theory is that magnetism interferes with the pain signal traveling to the brain or the magnetism causes the brain to reinterpret the incoming pain signal as something other than pain.

Where should I wear the magnetic jewellery?

Our advice is to wear it as much as possible and be willing to experiment with location, duration of wear etc. Your body will tell you what is most effective in your particular case. People often believe that magnetism has to be worn directly on the actual location of the pain. This is not always the case. A single bracelet or anklet has enough magnetism to only relieve discomfort in an area close to where the jewellery is being worn. A 2 or 3 strand bracelet or anklet or a necklace has all the strength required for full body relief.

**For Best Results
MAGNETIC JEWELLERY
Should Be Worn
24 Hours A Day**

Magnetism often has different effects on different people. Be patient - you may notice relief within hours, days, or weeks. The magnetic strength in our jewellery is extremely powerful. In very rare cases people may find that the magnetism is too powerful for them. In these cases wear the jewellery off and on until the body becomes accustomed to it.

PRECAUTIONS

DO NOT wear magnetic jewellery during pregnancy.

DO NOT wear magnetic jewellery with pacemakers or defibrillators.

DO NOT change / quit your medications because you are feeling better. Consult a physician for any adjustments to medications.

Any self help applications are the sole responsibility of the user.